My parents always helped me to read when I was in grade school and it was always a source of frustration for me, but in those days there was not a diagnosis. My mom never gave up and when, 30 years, later my niece had similar struggles in school my mother, her grandmother, started to research and discovered Irlens. I have had my glasses for a year or so now, to describe what they do for me I will use the analogy of looking at the world through rose coloured glasses. They literally make me feel more calm and like everything isn't actually as hard as it seems. Thanks Mom!

Leanne Leduc Registered Nurse