

In 2014 I became involved in the elementary school one to one reading program, when our 8 year old granddaughter presented with ongoing reading difficulties. For 7 years we pursued the many reading programs offered, and quite by accident discovered Irlen Syndrome when she was 15 years of age.

Screening was carried out which demonstrated she had marked reading problems, severe sensitivity to fluorescent lighting, and several sensory integration issues. Testing of family members indicated varying degrees of Irlens symptoms with her brother, aunt, uncle, and myself (grand mother.) Immediate symptom relief was found in the use of Irlen filters in the form of glasses and continues to be a great asset to our family.

The decision to become an Irlen screener was not difficult and in 2021 I received my certificate. My efforts are mainly directed toward the elementary school reading programs where early diagnosis and positive outcomes is a real possibility.

Sylvia Leduc, Kamloops Screener  
Retired Physiotherapist